

# ***KENDRIYA VIDYALAYA ADOOR SHIFT I***



## ***NEWS LETTER 2023-24***

## ***INSIGHTS***

***“A moment’s insight is sometimes  
worth a life’s experience...”***









# EDITORIAL

*The most wonderful time is one's childhood days. So it should be spent and used in a fruitful way. And the school is one such place where their talents can be motivated and encouraged. Many stages and activities help them to achieve the best through the repeated efforts, as R Collier said " Success is the sum of small efforts, repeated. "*

*Here are some beautiful moments captured. Go through it and have a happy and great experience.*



# OUR PATRONS



*Dr. DIVYA S IYER, IAS*  
DISTRICT COLLECTOR, PATHANAMTHITTA  
VMC CHAIRPERSON, KV ADOOR



*Shri. Santhosh Kumar N*  
Deputy Commissioner KVS Ernakulam



*Shri. Ganesh S Indrel*



*Shri. Patil Remesh Abhimanyu*



*Shri. Joy Joseph*

Assistant Commissioners KVS Ernakulam



## MESSAGE BY PRINCIPAL



*Shri. N Rakshesh*

*Every bud has an innate energy to grow to its maximum potential, Mother Nature cuddles it to bring out this spirit of liveliness in each of these buds. With their growing abilities our students excel in various fields and they learn to achieve their dreams. The team of primary teachers focuses on this aspect and keep providing them with opportunities. It is well known that “the best stories are yet to be written; the best song is yet to be sung. Cheer up! The world is still young” and this optimism is the reason for our tiny tots to achieve beyond their abilities. “Insights” gives us a quick glimpse how each page when flipped brings forth the care and concern we provide to our students. I take immense pleasure to share with you the experiences and thank the primary team for their efforts in releasing this newsletter.*

*The effort continues....*



## MESSAGE BY HM I/C



*Mrs. Shini A John*

*“Creativity unfolds with metamorphosis each day” Its my immense joy to be a part of the team of KV Adoor Primary Shift1. Our tiny buds are evolving into beautiful flowers of various hues under our guidance and support. We are making them march forward while putting their incredible talents to use in all ways possible...*

*“Insights” showcases our amazing growth and resilience as we go forward each day ....*

# EDITORIAL BOARD



*Mrs. Shini A John*



*Mrs. Reena Raj*



*Mrs. Neethu C S*



*Mrs. Thulasi Balakrishnan*



# OUR TEAM



SHINI A JOHN



JAYALEKSHMI  
PANICKER



JAYA S



REENA RAJ



NEETHU C S



SUSAN PETER



T SATHI



SUKANYA



JOJI JOHN  
VARGHESE



SUCHITHRA S



SUSAN  
THOMAS



SMITHA A



THULASI  
BALAKRISHNAN



SHEEBA S



LETHA S



SREELEKSHMI CHANDRAKANTH  
N





# SCHOOL PUPIL LEADERS



**ASHRITH D NAIR**  
**SCHOOL BOYS' CAPTAIN**



**ANN MARY GINU**  
**SCHOOL GIRLS' CAPTAIN**



# SCHOOL PUPIL LEADERS



**Muhammed Najih**  
Vice Captain - Boy



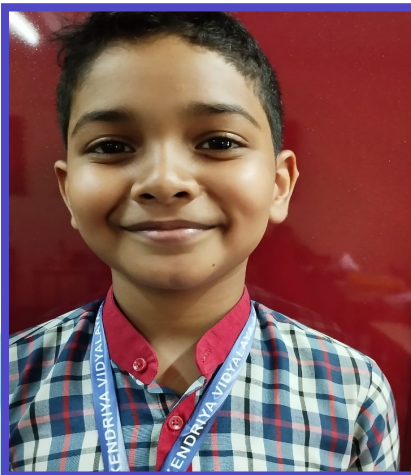
**Nirupama R**  
Vice Captain - Girl



**Navaneeth V Bhasker**  
Sports Captain - Boy



**Nakshatra G Vimal**  
Sports Captain - Girl



**Pran Vijay**  
Sports Vice Captain - Boy



**Thapasya S Kumar**  
Sports Vice Captain- Girl

# HOUSE CAPTAINS



**Deveswar Ratheesh**  
Agni House Captain - Boy



**Aradhya Gopan**  
Agni House Captain - Girl



**Harinandan R**  
Gagan House Captain - Boy



**Kalyani J Nair**  
Gagan House Captain - Girl



**Krishnanunni D R**  
Prithvi House Captain - Boy



**Neha Ann Abin**  
Prithvi House Captain - Girl



**Abhaynandan R**  
Varun House Captain - Boy



**Sreebala A R**  
Varun House Captain - Girl



# PRAVESHOTSAV - CLASS I



**ON  
29<sup>TH</sup> MAY 2023**



**“ LET YOUR LEARNING LEAD  
TO ACTION ”**

**NEWS LETTER 2023**



# INDEPENDENCE DAY 2023



“A Salute to My Country INDIA”

NEWS LETTER 2023



# JANBHAGIDARI EVENTS



ON  
14<sup>TH</sup> JUNE 2023

“CREATIVITY  
IS THE KEY TO SUCCESS”

NEWS LETTER 2023



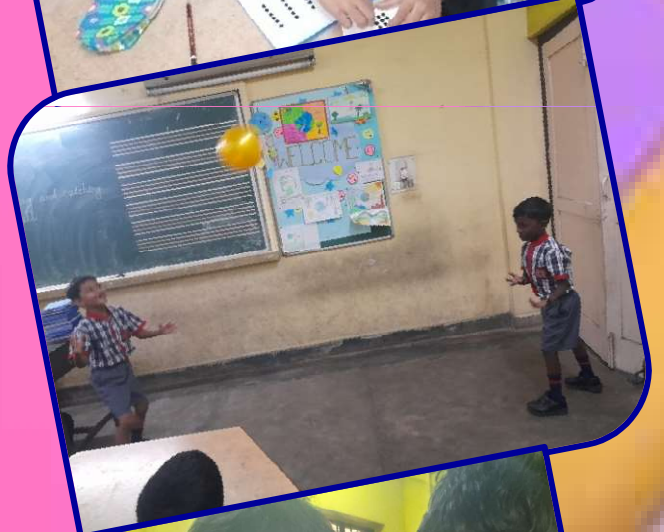
# T L M EXHIBITION



“ IF YOU LEARN, YOU WILL NEVER CEASE TO GROW”



# CLASS I- VIDYA PRAVESH ACTIVITIES



“ विद्या का अंतिम लक्ष्य  
चरित्र निर्माण होना चाहिए ”



# CLASSROOM ACTIVITIES



“FROM SMALL BEGINNINGS COME GREAT THINGS”



# FLN ACTIVITIES



**“A LITTLE LEARNING  
EACH DAY ADDS UP TO  
BIG RESULTS...”**





# ENVIRONMENT DAY



“Protect , preserve & prosper ..

GO GREEN ! ”

NEWS LETTER 2023



# CCA ACTIVITIES



“TRUE ENJOYMENT COMES FROM  
ACTIVITY OF THE MIND”



# MORNING ASSEMBLY



“A DAY WELL BEGUN IS HALF DONE”



# GOLDEN ARROW



“ LETS KEEP OUR MIND OPEN TO THE BEAUTIES OF NATURE”



# ACTIVITY - BULBULS



**AT VIVEKANANDA BALASRAMAM**



**“ DO YOUR BEST ... ”**



# ONAM CELEBRATIONS



“ TOGETHERNESS PREVAILS ... ”

NEWS LETTER 2023



# ART & CRAFT CLUB



“ LIFE IS AN ART, PAINT YOUR DREAMS ”



# MUSIC CLUB



“ WHERE WORDS FAIL,  
MUSIC SPEAKS...”





# NATURE CLUB



**“ IN EVERY WALK WITH  
NATURE ONE RECEIVES FAR  
MORE THAN HE SEEKS...”**





# LITERARY CLUB



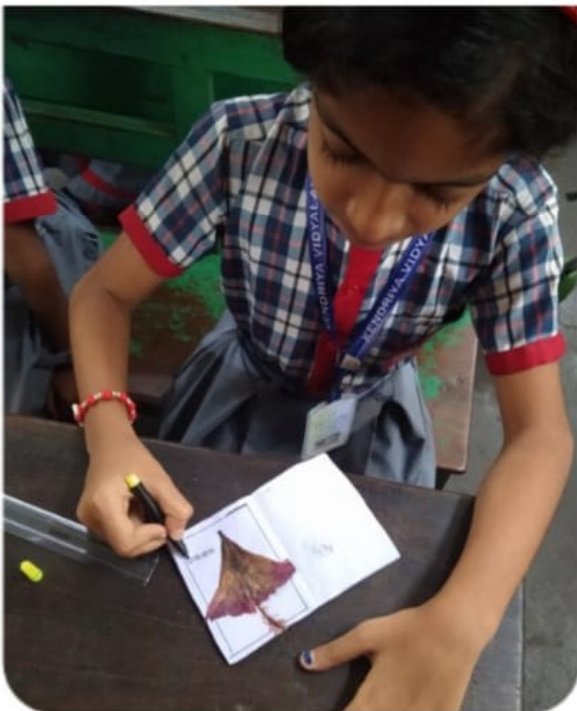
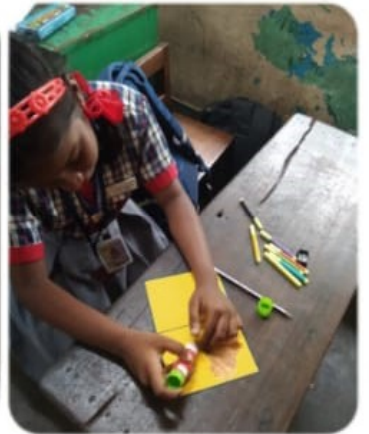
“ TODAY A READER,  
TOMORROW A LEADER ...”





# IN THE CLASSROOM

## FLOWER ALBUM MAKING

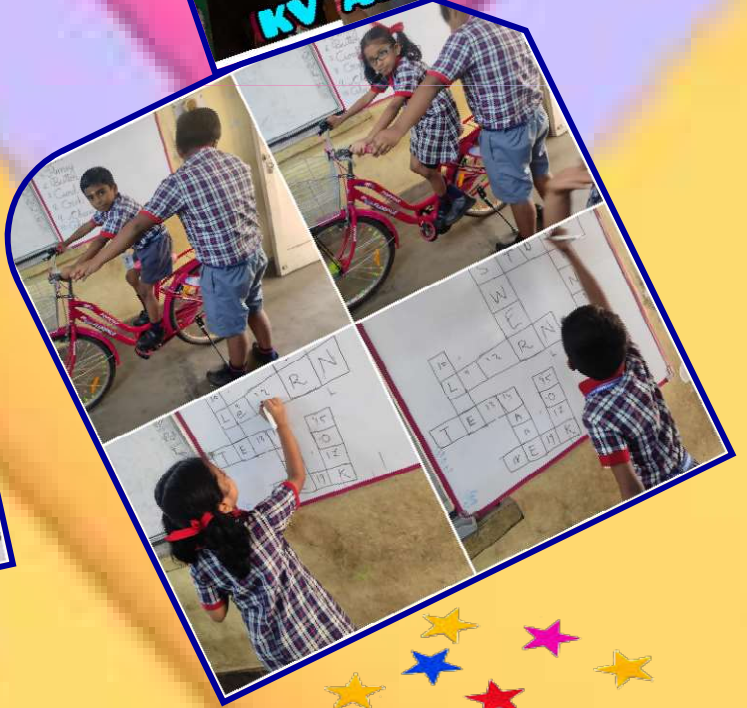
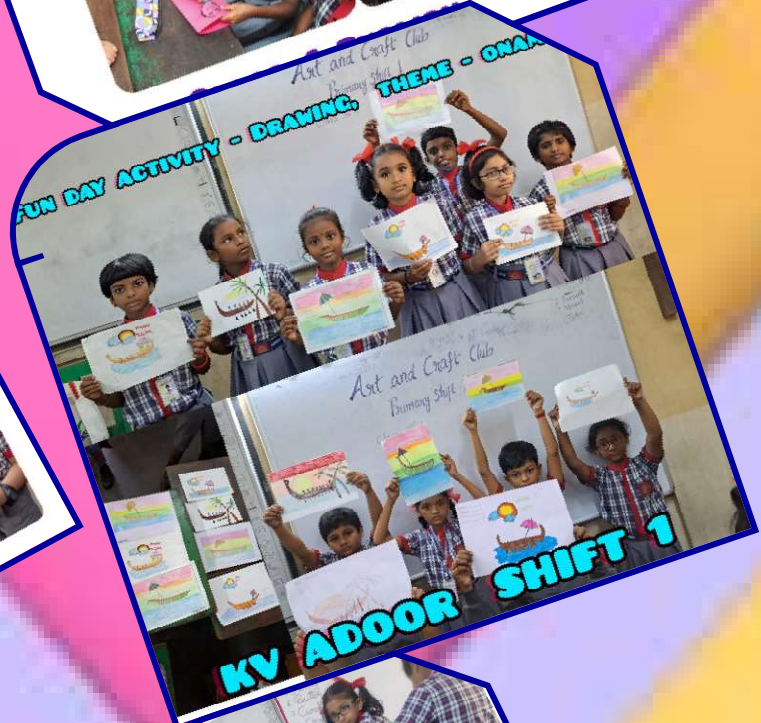


“ BLOOM WHERE YOU  
ARE PLANTED...”





**FUN DAY ACTIVITIES**



“ LEARNING THROUGH FUN”

NEWS LETTER 2023



# SPELL BEE COMPETITION



## SOF OLYMPIAD WINNERS

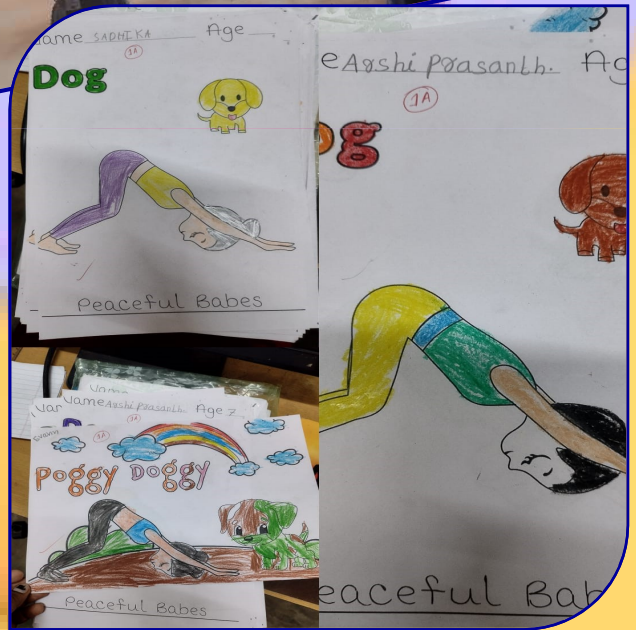
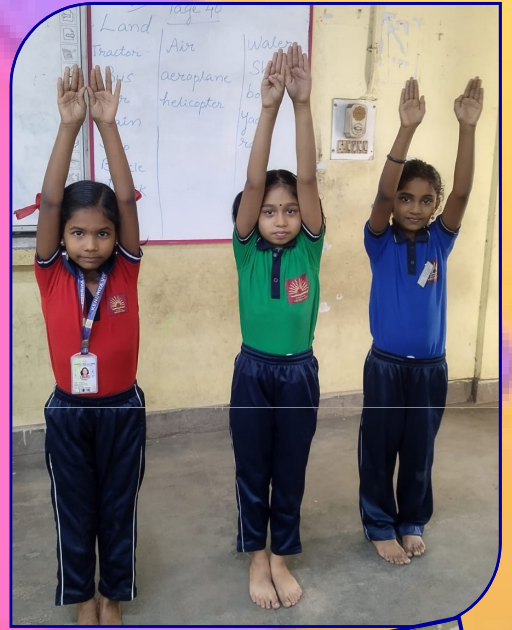
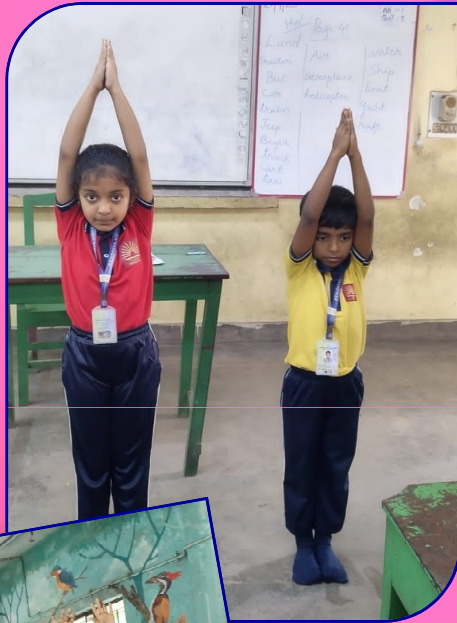


“INSPIRE OTHERS AS WELL AS  
OURSELVES ...”





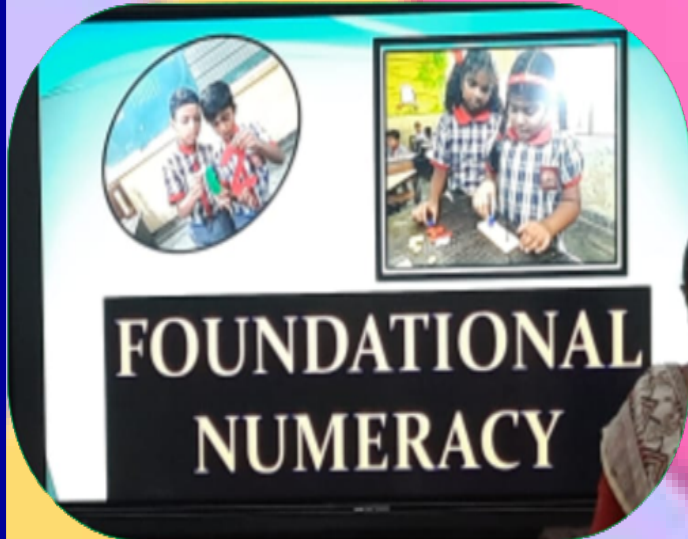
# योगा



“ YOGA IS A MIRROR TO LOOK AT  
OURSELVES FROM WITHIN ”



# EMPOWERING TEACHERS



**FLN TRAINING FOR PRIMARY TEACHERS**

**“ IF YOU WOULD THOROUGHLY  
KNOW ANYTHING, TEACH IT TO  
OTHERS... ”**





# HINDI PAKHWADA



“ मन की भाषा, प्रेम की भाषा  
हिन्दी है भारत जन की भाषा...”



# HEALTH AND PHYSICAL EDUCATION



2023-6-15 |



2023-6-15 |

2023-6-15 |



2023-6-15 |

2023-6-15 |

“ A HEALTHY MIND RESIDES  
IN A HEALTHY BODY ...”

*NEWS LETTER 2023*





# पोषण माह





# मेरी माटी मेरा देश



*Meri maati mera desh  
Prabhath pheri*



“मेरी माटी, मेरा देश, मेरा गर्व ...”





# ART GALLERY



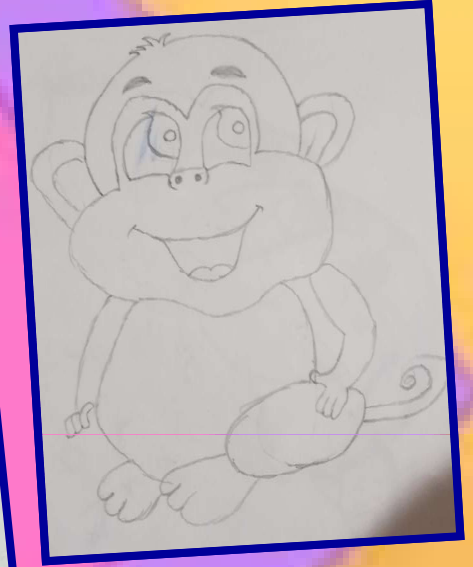
## ART INTEGRATION- LEARNING THROUGH ACTIVITIES



“ART IS MAGICAL ...”



# ART GALLERY



“ ART HAS THE POWER TO  
TRANSFORM ... ”



# INTERNATIONAL PEACE DAY



“ SERENITY LEADS TO  
HAPPINESS ...”







## ACHIEVEMENTS



“ ACHIEVEMENTS OF TODAY  
ARE THE STEPPING STONES  
FOR THE FUTURE ”



# ARTICLES

## Birds

Once upon a time there lived so many birds in the forest. Some are big and some are small. One day a heavy rain came. The birds did not get food. They looked everywhere, But they did not get food. The flamingoes looked in the sea to catch the fish, The mynah, sparrows, Kingfisher and wood pecker looked on branches to get fruits. A tiny little blue bird got a worm. But he was still hungry. All the birds together pray to stop the rain. Suddenly the rain stopped. The birds danced. Then all the birds got food. Some got fruits, and some got fish. The birds were so happy because the rain stopped and they got food also. Now the birds live happily.

Moral - Pray to god he will answer to your prayers



## The two little Butterflies

Once there lived two little Butterflies. Their names were Reena and Rena. They both were best friends. One day they were collecting pollen grains, they saw honeybees. Reena saw the honeybees and told, "Bhaiji! A honeybee gang is coming, they will attack us."

But the honeybees were kind. The honeybee said "don't go I want to play with you." But the Butterflies didn't hear that. They ran faster than they could and they saw a lion there. They flew all over the garden. Finally the big and honeybees said together "we want to play with you all." But Butterflies said that we want to collect pollen grains. Honeybee and bug said "we will help you". They all together collected pollen grains. The Butterflies said that finally was today's competition, and they all became best friends for ever.

Moral: Don't avoid any one based on their look, we have to look inwards.



“WRITING GIVES EXPRESSION TO

YOUR THOUGHTS”

NEWS LETTER 2023



# ARTICLES

## Invisibility cloak

One day a boy was travelling with his mom to a fest. When they reached there the boy quickly ran and wandered through the fest. Then he turned around to go to mom, he realized that he is lost. The fest was huge, so he could not find his mom. When he walked for a bit, he saw a cloth that was visible from one side and invisible from the other. He took the cloth and covered his hand with it. Then he found that his hand disappeared when he moved the cloth from his hand, his hand reappeared. Now he was confused, that how can my hand disappear because of a cloth, he looked closely to the cloth and found out that there were glass shards, they reflect light so that's how it works. He named it invisibility cloak. Now he figured out how it work. So he put on the cloth to be protected from strangers and started searching for his mom. He searched for a hour straight and when he was exhausted he saw his mom at a park near the fest crying. He quickly ran to his mom and happily returned home.

- By Navaneeth.V. Bhaskar



## I Like...

Big big tree,  
Big cherry tree,  
I like cherry,  
Small red cherry.

Peck peck pecker,  
Hard beak pecker,  
I like wood pecker,  
Beautiful wood pecker.

Go go Flamingo,  
Long legged Flamingo,  
I like Flamingo,  
Pink coloured Flamingo.



“CREATIVITY TAKES COURAGE ...”



# ARTICLES

## My last vacation with my family

Family vacations are the best times of any year. There are many beautiful and worth seeing tourist places in India. My last visit to a tourist place with my family is Golden Temple in Amritsar. It was a memorable trip to me. We started our journey in the early morning. It took us almost six hours to reach our destination. When we arrived at the Golden Temple, I started to feel really excited. We checked into our hotel room, which was located near to the Golden Temple. The temple was crowded and there were people of all ages. It is called Golden Temple because the temple's top was made up of pure gold. There are four doors of entrance to the temple. The temple is surrounded by a beautiful lake "Amrit Sarovar". This is the holy place of Sikhs. It also includes the world's largest free kitchen serving food to many people a day. We left the temple with beautiful memories.

## Piya the tiger cub

Once upon a time, there lived a tiger cub, her name was Piya. She lived with her mother, Pandora. She was a good and silly tiger cub. She listened to her mother. One day she saw a baby sparrow falling down from its nest. At the time she saw this, she ran towards the nest. She saved the baby sparrow. The mother sparrow thanked Piya for saving her child. She went back to her home. Pandora was worried about Piya. When she came back, she told everything about the bird. Pandora congratulated her and said you helped the bird. You did a good thing. After that they lived happily ever after.



**"YOU FAIL ONLY IF YOU STOP  
WRITING ..."**

**NEWS LETTER 2023**



# WONDER FROM WASTE



**“ REDUCE OR REUSE AND MAKE THE  
WORLD A BETTER PLACE... ”**





ONE EARTH

ONE FAMILY

ONE FUTURE



*Lyrics*  
*Mrs. Shini A John*



*Music*  
*Mrs. Jaya S*







# ONE EARTH

# ONE FAMILY

# ONE FUTURE



ARGENTINA, AUSTRALIA, BRAZIL,  
CANADA, CHINA, FRANCE, GERMANY, INDIA,  
INDONESIA, ITALY, JAPAN, MEXICO, REPUBLIC OF  
KOREA, RUSSIA, SAUDI ARABIA, SOUTH AFRICA,  
TURKEY, UNITED KINGDOM, UNITED STATES OF  
AMERICA, EUROPEAN UNION.

अयं निजः परो वेति गणना लघुचेतसाम् 1

उदार चरितानां तु वसुधैव कुटुम्बकम् 1  
Vasudhaiva Kudumbakam

Is our motif for G 20

The world is one family

One earth , one family, one future

Cleaner greener , bluer future

Shared global future is our aim

All life is interdependent

Our Life style is for Environment

India holds the Presidency

19 countries and 1EU Makes up the G20  
यह देशों का समूह साथ बढ़ चले हैं जिंदगी सवार ने,

मिले सभी जुड़े सभी चले वसुंधरा को हम सुधार लें।

ये धरा ये कुटुंब ये भविष्य सब एक हो हमारे ।







**UDAAN 20.23**  
Adoor KV aap ke saath



**“SPARKLE AT EVERY STEP”**

